

MeyerPark Charter

Wellness Plan Assessment

Guidelines	Responsibility	Timeline	Completed
1. The school will display posters to promote healthy eating and display other nutrition education materials. The school's website will provide parents and community members with nutritional information to promote a healthy lifestyle.	Monitor: Poster display- Child Nutrition Manager Website- Assistant to the Director of Business and Financial Services	Poster display- designed and displayed the second week of August each school year and reviewed on a semiannual basis.	Yes, posters are observed in the cafeteria and hallways where all children pass-through.
2. The school will ensure, by observation, that all students have access to every meal provided	Monitor- Child Nutrition Manager and Child Nutrition Director	Daily and throughout the school year	Yes, students have access to meals and are encouraged to participate.
3. The school will offer reimbursable meals that meet Texas Department of Agriculture (TDA) and United States Department of Agriculture (USDA) nutrition standard	Monitor- Child Nutrition Director	Daily and throughout the school year	Yes, the school is compliant with TDA and USDA nutrition standards.
4. The school will ensure menus are available in the school office or posted on the website.	Monitor- Child Nutrition Manager	Monthly (beginning of each month during the school year)	Yes, work to make sure menus are posted on the website in a more timely manner.
5. The school will ensure that students have access to drinking water during meal times where meals are served.	Monitor- Child Nutrition Director	Beginning of the year and then as needed.	Yes, the school provides water fountains in meal areas and has updated to refill bottle stations to limit the spread of COVID-19.

6. The school will schedule 60 minutes (weekly) for physical education time during schedule development.	Principal	Prior to the beginning of the school year	Yes, the school has been able to surpass the minutes planned.
7. The school will schedule 20 minutes (daily) for recess time during schedule development.	Principal	Prior to the beginning of the school year	Yes, recesses are scheduled but have to be tailored to allow for social distancing to limit the spread of COVID-19.
8. The school will schedule the appropriate time allotment for vigorous physical activity to the appropriate staff members involved in physical education.	Principal	Prior to the beginning of the school year	Yes, the school meets the required time allotment for vigorous physical activity for physical education.
9. The physical education teacher will plan activities that are fun but encourage movement.	Physical Education Teacher	Weekly or monthly plans	Yes, the physical education teacher creates fun activities that encourage vigorous movement.
10. The child nutrition director will ensure that all child nutrition staff receives the appropriate training hours.	Child Nutrition Director	Prior to the school year, then as needed during the school year	Yes, staff participate in training offered by the school and/or outside sources.
11. Display meals in an appealing manner.	Child Nutrition Manager	Monthly basis	Yes, the school works to display meals in an appealing colorful manner.
12. Provide a variety of meals on early departure days.	Child Nutrition Manager	Monthly menu planning	Yes, the school made an effort to move away from sandwiches on early departure days.

Areas of accommodation:

The school health committee works hard to make sure we promote health in students. The effort involves physical and mental health improvements. The school has added a mental health component to combat issues surrounding the Coronavirus-19 pandemic and quarantine.

Areas of requiring improvement:

The school will work to improve the physical education program by investing in a curriculum in-line with our physical movement goals. Also, the physical education teacher will work to make activities more fun while maintaining vigorousness. The child nutrition manager will work to add more colors to make meals colorful and attractive. The school will promote the mental health counseling offered to students and staff. The school will provide, by either promotion or actual events, the awareness and ability to test for COVID-19 and vaccinations for interested parties.

Wellness Plan Committee

SHdz Sharetta Hernandez Date 6/1/2020

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